Worksheet: Contrasts in John 1–4

From Religion to Relationship – New Birth and Living Faith

CALVARYCHAPEL FREIBURG

Example: Detailed Study

Judgment vs. Not Accused

Whoever believes in Him is not judged; but whoever does not believe has already been judged, because he has not believed in the name of God's one and only Son.

John 3:18

Meaning:

Whoever believes does not come into judgment – they are not accused by God at all. But for those who do not believe, judgment is already real.

Reflection:

Do I truly believe the words of Jesus and know His grace? Am I still trying to earn salvation through performance?

Application:

I have assurance in Jesus: There is no condemnation for me (Romans 8:1). This faith gives me confidence and peace – already today and when judgment comes in the end.

The contrasts in John 1–4 show how Jesus challenges us to look beyond the visible:

- away from our natural self, our limitations, and earthly efforts toward the light and the heavenly new creation.
- away from fear of future judgment toward trust in the grace of God and the redemption in Jesus Christ.

Instructions

- 1. Read John chapters 1–4 carefully.
- 2. Pay attention to the contrasts that become visible in the texts and make a list of them (there are at least 17).
- 3. Choose three contrasts and work through them in detail:
 - a. Meaning: What is being said? What does it mean?
 - b. Reflection: What is your attitude toward this truth?
 - c. Application: What are you thankful for, or what would you like to change?
- 4. Pray about the three contrasts you wrote down.

Example: List of Contrasts

- Light vs. Darkness (John 1:5; 1:9; 3:19–21)
- Best wine vs. Water
- Not condemned vs. Already condemned
- ...